



Judo Theory 2

Name _____

Below are Japanese words you need to learn and their meaning.

Ask an adult or older player to test you.

When you are sure you know one or more, bring the sheet to judo and ask John, Luke or Alison or to test you. If you know a word they will sign the last column next to the word.

When you know all the words you will receive your second Theory Certificate .
(Phonic pronunciations in brackets!)

Judoka (Jew dough Ka)	Person who does judo	
Judogi (Jew dough gee)	Judo suit	
Dojo	Place where you practice judo	
Ukemi	Break falls	
Tori	Player doing the throw	
Uke (ookey)	Player being thrown	
Ne-waza	Ground work	
Tachi waza (taki)	Standing fighting	
Randori	Free practice	
Gatame	Hold down	
Osea-komi	Hold down on	
Toketa	Hold down broken	
Ippon	10 points score (win)	
Waza-ari	7 points score	
Waza-ari-awasete-ippou	2 x Waza-ari = Ippou	
Yuko	5 points score	
Koka	3 points score	
Sore-made	End of contest	
Sono-mama	Freeze (in contest)	
Yoshi	Continue (in contest)	
Shido	Penalty	
Hansoku-make	Disqualified	

Date completed _____