

Don't forget your drink bottle!!

Training times

Monday, Ashton 6.45pm-8pm all ages
Tuesday, Patchway, 6.15pm-7.15pm from age 7
Thursday, Ashton 7pm-8pm **yellow belts** & below,
including U8's, 8pm-9pm **Orange belts+** & Seniors
Saturday, Patchway, 9.30am-10.30am 5yrs-7yrs
10.30am-12, 7 ½ yrs and above

Future Competitions

- Oct 5th Red belt Rumble & Under 8's Bristol Judo Hartcliffe
- Oct 5th "A" band Nationals birth year 97 & 98 Orange belt and above Walsall Campus, Wolverhampton Uni
- Oct 11th & 12th British Championships – "B" band Birth year 96 and older Sheffield Green belt & above
- Nov 8th Interclub Yate Star
- Nov 23rd Western Area TEAMS
- Dec 14th Interclub Long Ashton
- For more details please see the website or Speak to Lisa – **you** need to let Lisa know if your child would like to do a competition, **preferably a couple of weeks before!**

For regular updates about what is happening, please see the website or the large notice boards at both clubs! If you still don't see what you want to know, ask someone!!!

Contact us:

John Bath: 07970 744075 johnbath.judo@hotmail.com

Alison Finn: 07974 105179 alison.finn@tiscali.co.uk

www.nsbjc.com



Oct 2008

Parents forum meeting, Saturday 25th
Oct 10.35am – 11.05pm- all welcome!!

Cattle Country, in spite of the weather, was a great success! If anyone wasn't sure before we truly are a family club, with almost 100 people attending; including little ones! Thank you to Mrs Wind for organising it and to EVERYONE who has bought a cuppa, food or sweets at Patchway on a Saturday morning, the profits all went to help subsidise it! *Now if you could all eat a bit more as we have Christmas presents to pay for!*

Bronze for Alison.....

For those of you who don't know, Alison was presented with a BJA bronze award for volunteering on Saturday 20th September at Annual awards dinner at the National Indoor Arena. She was the only winner from the Western area.

Good Luck to all our players fighting in the British Championships, Rebecca, Natasha, Lucy, Sam, Dominic, Myles, Mollie & Tom

Saturday **HOT FOOD** – to help the Kitchen volunteers, could you please order all food by **11.30am** to be ready by the end of the Junior session- **THANK YOU!**
On the Kitchen a big thank you to Julie Moore for her time as Kitchen coordinator, due to John's county & area commitments Julie has handed the apron to Sadie, who has kindly agreed to take over, Julie will be her assistant! Don't be shy get your names down on the tea rota! Christmas present fund needs you!

Well done to everyone who entered competitions in September; reports are on the website, for details and photos check out

www.nsbjc.com

If you'd like to write a competition report for the website, please email it to Alison alison.finn@tiscali.co.uk

Dates for you diary – check out website or notice boards for more info.

Nov 1st Halloween Party – Ashton, prize for best fancy dress, from 7pm

Dec 13th Annual awards evening , at Ashton, from 7pm

Dec 20th Christmas party at Patchway 10am-12.30pm

Club Merchandise -

GET YOUR CHRISTMAS SHOPPING HERE!

Forget the shops why not let us do the leg work?

T-shirts 5-6 to 12-13, £5 14-15, £6.50

Adult Polo shirts, £12.50

Child's hoody, £15 Adult hoody, £19

Water bottles £2.50

Hold all Bags from approx £18

Other garments available- see Alison

Judo suits, includes club badge.

White 120, £23, 130 to 150, £28, 160 upwards, £35

Blue 130 to 150, £30, 160 upwards, £38

County & Area training

County training 4th October 2pm-4pm
at New Star Ashton; all competitive grades.

Western Area training, Sunday 19th October
Exmouth Community College, Exmouth Devon
Times to be confirmed.
Competitive Yellow belts and above.

If you are leaving your child at a session, can you please ensure that someone knows and how to contact you in case of an emergency. Please be back at least 5 mins before the end of the session. Don't forget mat fees need to be paid at the beginning of each session, so we know who is in the building! If you pay monthly then please still get your child marked in!

Gradings & Theory awards

Gradings will take place in **October**, please make sure the players are learning their theory.

NB. *All players need to be doing the theory sheets. Yellow belts and above should have at least Theory 3. Orange belts and above, Theory 4.*

Drinks bottles are needed all year round!!